**OARS Homework**

* + Open-Ended Questions
  + Accurate Affirmation
  + Reflective (Active) Listening
  + Summarizing
  + BONUS SKILL: Building on individual’s proven strengths/abilities

1. I am going to focus on practicing \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
2. I will use this skill when \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
3. I will know if I am successful with it \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­.
4. I will practice MI with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.